

## Frequently Asked Questions (6/11/2020)

Q: Do all fall athletes need a new PIAA physical?

A: Yes. The PIAA has said that all fall athletes will need a new physical to participate in sports for the 2020-2021 season. All sports physicals must be on a PIAA physical form. These forms can be found on the ACCHS website or on the PIAA website. We are only able to accept forms dated after June 1, 2020.

Q: Will LVHN be offering free physicals again this year?

A: LVHN will be offering free physicals, but not in the same way that we have done them in the past. This year, we will be offering physicals at our express care offices and care on demand offices (coordinated health). You will need to use the link below to schedule an appointment.

[Register now for a free PIAA physical.](#)

Q: I am not due for a yearly physical exam until after the fall sports season starts. How will the process allow me to get a physical without charging my insurance?

A: By using the link above, someone from LVHN will contact you to schedule your physical. It will not be billed by your insurance. If you do not use the link and go for a physical on your own, we cannot guarantee that you will not be charged for a physical.

Q: What about impact tests?

A: For the time being, only fall athletes will be taking the impact test at home. Please see the ACCHS website, under the athletics tab and find impact tests. There is a complete list of directions on how to take the impact test at home and frequently asked questions on situations you may encounter when taking the impact test.

Q: Can impact tests be done on an iPad?

A: Unfortunately they cannot. They will need to be done on either a laptop or desktop computer. You will need access to a keyboard and a mouse or track pad in order to take the impact test, which is why an iPad cannot be used.

Q: How do I register for fall sports?

A: That process is still the same as it has been in the past. You will need to log onto [www.familyid.com](http://www.familyid.com) and create an account. Directions on how to register for familyid can be found on our ACCHS website under athletics.